

Contact person

Mr. Chandralekha Trettin-Deb

Dipl.-Sozialarbeiterin, MA Phil. / Psych., MA
Islamic History & Culture

Office / Meeting Point

Witteringstr. 2 / Rüttenscheider Str. 58
45 130 Essen
(3rd. floor, use the elevator)

Contact

Phone: 0201 – 72 91 607

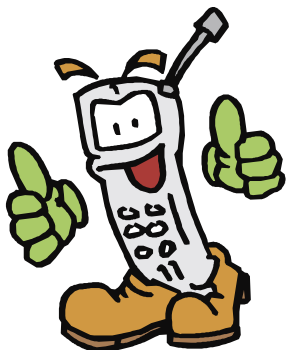
0176 – 3139 5585

Fax: 0201 – 72 69 332

Email: vibb-essen@t-online.de

Internet: www.vibb-essen.de

In our multilingual team we speak Arabic,
English, Persian, Polish, Russian, Tamil,
Turkish, Hindi and Urdu language.



You reach us

with Tram line no. 101, 106, 107 and Metro line U 11 up to the station „Rüttenscheider Stern“

- from Hauptbahnhof approx. 5 minutes
- leave the station towards „Folkwang Museum“ (see signboards)
- walk 200 m along „Rüttenscheider Strasse“

The office is located at the corner Witteringstrasse / Rüttenscheider Strasse

- opposite the bio super market „denms“
- above the hair dresser „Babylon“

Verein zur interkulturellen Beratung und Betreuung im Gesundheitsbereich von Essen und dem Ruhrgebiet e.V.

Postal address (Main office)

ViBB Essen e.V.
Eleonorastr. 32, 45 136 Essen

Bank

GLS Gemeinschaftsbank eG Bochum
BLZ: 430 609 67
Konto-Nr.: 4021 3385 00
Tax Office No.: 112/5742/1195

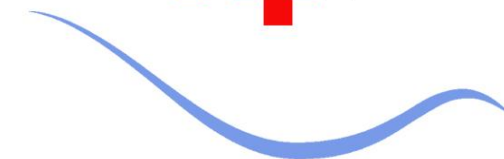
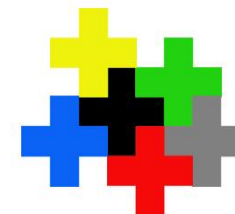
Membership

Dt. Paritätischer Wohlfahrtsverband (NRW)
Essener Verbund der Immigrantenvereine

Cooperation with

Psychosoziale AG der Stadt Essen (AK 1)
AK Selbsthilfe & Migration (Stadt Essen)
FAK Sozialpsychiatrie (DPWV NRW)
FAK Migration (DPWV NRW)

VIBB Essen e.V.



Assisted Living

for Migrants with Mental Health Problems

We support you ...

... in a difficult mental stress situation.

... to make your daily life independent and smooth.

... in your known trustable surrounding.

... to maintain and follow your cultural and family norms.

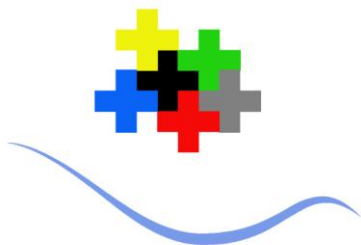
Our team ...

... is multicultural und multiprofessional

... consist of qualified persons who have personal migration background

... posses professional experience in the fields of medical social works, psychological and intercultural counselling.

VIBB Essen e.V.



Ambulant assistance for independent living

... means to accompany people with psychological diseases who would like to live in their own house or apartment.

A qualified team member supports you to

- maintain the household
- deal financial matters
- deal with public and social institutions
- visit physicians
- overcome and cope with problems through regular individual counselling
- maintain social contacts
- integrate in professional life
- structure your daily life
- organize your leisure time
- recommend and organize other services offered by different welfare organizations in the city

Costs

... will be beared by the regional social welfare agency LVR (Landschaftsverband Rheinland) if you have a low income. The living cost will be covered either by a pension or public subsidy.

Procedure

- contact us personally, via phone/Email
- meet us to discuss your problems
- develop and prepare a help plan together with you
- joint application to the LVR
- agreement on the requiered services with VIBB Essen e.V.

Our offers comprise of

- information, counselling and attendance for people with different types of psychological problems and diseases
- counselling for relatives
- service according to the laws on social welfare SGB XII, §§ 53, 54 (ambulant attendance for independent living)
- help to cope with mental crisis and critical situation
- arrangements for medical rehabilitation and related legal advice
- support in daily matters related to migration, social security and professional integration (dealing with public institutions)
- group work (e.g. leisure time program)
- cooperation with other migrant and intercultural organizations.

ViBB Essen e.V. receives support from the regional social welfare agency LVR (Landschaftsverband Rheinland) and the nationwide operating welfare organization "Der Paritätische".

